



Knowing what to expect from Synvisc® treatments will help you be more comfortable and confident during and after the procedure. Read on to help you prepare for your treatment, then check the back of this card for tips on how to take care of yourself afterward.

Before your visit

Because Synvisc® is not a pill, it should not interfere with any other medications you are taking. Still, be sure to tell your doctor if you are taking any medications, including over-the-counter drugs.

During the procedure

To prepare your knee or hip joint for injection, your doctor may:

1. Clean your affected joint with alcohol and iodine.
2. Apply a local anesthetic.
3. Withdraw excess fluid from your joint.

The doctor will then inject your knee or hip with Synvisc®. In the case of the hip, imaging may be used in order for the doctor to see inside the joint while injecting. The injection procedure should only take a few minutes, and you'll be able to go home immediately after the treatment.

What to expect

Some patients may begin to feel better after the first injection, in the case of the knee you need to have all 3 injections to get the maximum benefit. Most patients feel the greatest relief 8 to 12 weeks after the 3rd injection.

Post-Injection Tip Sheet

After you've received Synvisc® treatment, be sure to follow your doctor's instructions. Use this list as a reference for what to expect.

When you get home

- Keep an ice pack on the injection site for 2 – 3 hours or as recommended by your doctor
- Avoid putting a lot of strain on your knee or hip – such as jogging, lifting or prolonged standing – for 48 hours after injections. Ask your doctor when you can resume your normal activities

Possible side effects

Side effects are usually mild and temporary. They may include:

- Pain at the injection site
- Swelling or redness
- Fluid buildup

Less common side effects include

- Rash
- Itching
- Hives
- Infection

Doctor's Contact Information

If you experience these side effects or any others, be sure to call your doctor. Fill in your doctor's name and phone number below so it will be easy to find if you need it.

Doctor's Name: _____

Phone Number: _____